



Fitness Facility Use Incentive

BENEFIT: Pay \$25 incentive for *documented activity* of eight (8) Gym visits per month.
(One Gym visit per day)

RATIONALE: To reward people for regularly participating in aerobic or strength- building activities at an approved fitness facility.

ELIGIBILITY: Full time employees and County-insured spouses and County-insured dependents, age 12 and older.
The facility should provide opportunities for strength building (free weights, weight machines) and cardiovascular (treadmills, stationary bikes, elliptical machines, swimming) work outs and should be able to furnish proof of attendance.

Approved facilities include, but are not limited to: BAC, RAC
and YMCA.
(Request Botetourt County employee discount)

RESTRICTIONS: Memberships in weight-loss programs, sports clubs, spas, or similar facilities are not considered for reimbursement under this program.
Claims for activity older than 6 months from the date of the claim will *not* be processed for payment.

REQUIRED: Documentation of each person using the fitness facility at least 8 times/month (recommended an average of three times a week) would be an attendance statement from the facility. Example: computer printout of key swipes.

PROCESS: Submit documentation and reimbursement request form to:

Human Resources: phone: 928-2001 Email: HR@botetourtva.gov

METHOD OF PAYMENT: Since January 2015 fitness incentives will become a taxable benefit, due to IRS regulations, and will be reimbursed on the employee's paycheck.